



# L.I.F.E. Training

## Session 2: Instruction

### Intro

Who was your favorite teacher growing up? How did he/she impact your life? **(Discuss)**

GOAL ----- > L I F E ----- > GETTING IT DONE

What will be the ( ( ( **ripple effect** ) ) ) of our lives as leaders?

### The Aim of Teaching

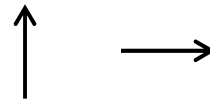
Why do we teach? Or what is the aim of our teaching? **(Discuss)**

*\*Video: Are you aiming at the right target?*

### **1 Tim. 1:5**

*The aim of our instruction is **love** which comes from a pure heart and a good conscience and a sincere faith.*

The overall aim is love which flows from our **heart**.



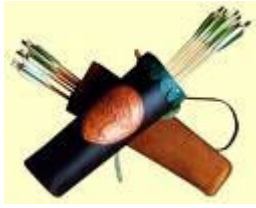
True teaching aims at life **change** and that comes as our life is changed.

How do we teach to change lives? How do we go from instruction to application?

→ Practically we teach with our **lesson**

→ Personally we teach with our **life**

> **inseparable!**



## Lesson Preparation

What's your biggest struggle when it comes to preparation? How do you deal with it? (**Discuss**)

### 4 Parts of Preparation

#### 1. Illumination

→ Constant **prayer** for the Holy Spirit to "bring to light" the passage of Scripture

- Psalm 119:18
- Eph. 1:17-18

#### 2. Observation

→ What does it **say**?

- **Group Activity**
- Difference between seeing and **observing**!
- Inspect the parts of the passage in context

#### 3. Interpretation<sup>1</sup>

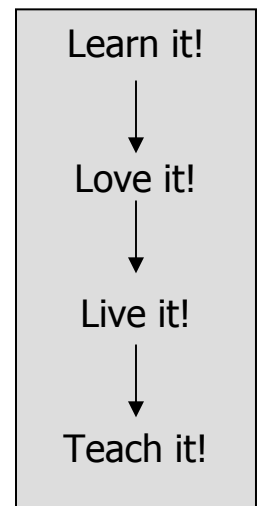
→ What does it **mean**?

- God → Biblical Author → Original readers (and us)
- What does God mean not what does it mean to me
- Put the parts together to form a whole ... ONE MAIN POINT

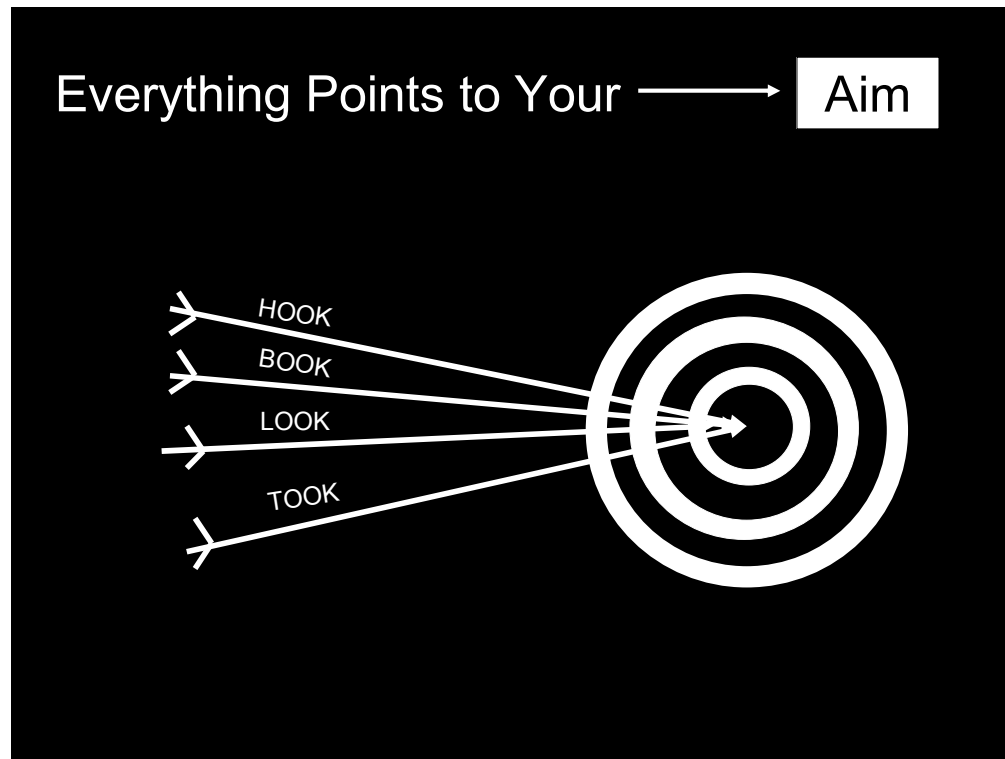
#### 4. Application

→ So **what**?

- Strive to apply it to your own life before asking others to apply it to theirs
- Think about how this passage/lesson **intersects** with their life



<sup>1</sup>Recommended commentaries on the whole Bible: *Matthew Henry's Commentary on the Whole Bible*, IVP's *New Bible Commentary*, or Baker's *The Baker Commentary on the Bible*



## Making it Stick

### Dumping vs. Sifting

- Don't dump the content but **sift** through it
- Focus on what is most **important**

### Be personal

- Show how the Bible affects **your** life
- Be **honest** ... they'll open up as you open up
- Stories **stick** with people

### Remind and Rely

- Remind your class of the **cross** in every lesson
- Rely on the **power** of the Holy Spirit as you aim for life change